

# THE LUNCH BOX MENU 2020–Term 4 Weeks 1-9



Place your orders online at QuickCliq before 8am  
@ - [www.quickcliq.com.au](http://www.quickcliq.com.au)

Orders can be placed anytime from now on for next canteen day, thank you to all the people who have been placing your canteen orders online.

If you are unable to volunteer your time to help in the canteen, a way that you can help us is by ordering your child's food orders online.

This process saves us time and enables us to focus on getting the orders ready.

Please remember when ordering, if you are NOT using the Online Order option, then orders are to be written on bags available in the room canteen baskets. These are located in each class room and completed orders need to be placed in the order file. Thank you

**Recess and lunch order MUST be written on separate bags.**

**Orders should not be placed at the canteen counter.**

**The Canteen is only open on Wednesday & Thursday**

As food is made to order, we are unable to provide hot lunches to children who have forgotten to place their order. A Vegemite or cheese sandwich will be the only option available in this instance.

## RECESS ONLY ITEMS - HOT

(A) Hash Brown -Nuggets (5) Max order of 2 serves	\$0.50
(A) Yummy Drummy Max order of 2	\$1.00
(A) Garlic Bread – homemade – Max. order of 2	\$1.00
(G) Cheesy - Plain	\$1.00
(G) Cheesy with Salsa (pizza) or Vegemite	\$1.20
(G) Cheesy with Ham or Spaghetti (wiggly)	\$1.50

## Snacks

Available Recess or Lunch

(G) Slinky Fruit – Apple or Pear	.50¢
(A) Anzac Cookie – Homemade (limited to 2 per person)	.50¢
(G) Pikelets(2) - Homemade	.50¢
(G) Popcorn Small or Large – fresh air popped	50¢/\$1.00
(G) Fresh Mixed Fruit Salad Cup – Fresh diced fruit	\$1.00
(G) Vege Sticks or Pita Sticks with Dip	\$1.00
Homemade French Onion Dip with choice of vege sticks or pita	
(A) Brownes Full Fat Yoghurt Pouch 120gm – Bubblegum/ Caramel Popcorn/Vanilla Bean	\$1.80
(G) Up & Go – Banana/Choc/Strawberry/Vanilla	\$2.00

## DRINKS

(G) Bottled Water	\$1.00
(G) Brownes Hi-Lo Milk 225ml	\$1.50
(A) Juice Box 250ml Apple/Apple Blackcurrant /Orange/Tropical	\$2.00
(G) Bannister Downs Mango Smoothie 200ml Bannister Downs Dairy milk Mango smoothie *NEW*	\$2.00
(G) Bannister Downs Chocolate Milk 200ml Bannister Downs Dairy flavoured Chocolate Milk *NEW*	\$2.00
(G) Brownes HiLo 225ml Milk & Sipahh Straw Banana/Caramel/Choc-Mint/Chocolate/ Cookies & Cream/Honeycomb/Marshmallow/Strawberry/Vanilla	\$2.00
(G) Brownes Flavoured Milk 300ml Banana/ Choc/Spearmint/Strawberry	\$2.50

## SANDWICHES

Available Wednesday & Thursday  
(wholemeal bread standard unless white hi-fibre requested)  
(wraps are hi fibre white)

(G) Vegemite Sandwich	\$2.00
(G) Cheese Sandwich	\$2.50
(G) Ham or Chicken or Tuna or Egg Sandwich	\$3.00
(G) <b>ADD</b> Salad - Lettuce, Carrot, Tomato and Cucumber	\$1.00
(G) <b>ADD</b> Ham or Chicken or Egg or Tuna	\$1.00 ea
(G) <b>ADD</b> Cheese	.50¢
(G) <b>ADD</b> lettuce or carrot or tomato or cucumber	.25¢ea
(G) Upgrade to a wrap	.50¢
Toasting	.30¢
<b>ADD</b> mayonnaise or sauce	.20¢

*For sandwiches we only use leg ham and the chicken is our own specially cooked and seasoned chicken breast, prepared right here in our canteen.*

## LUNCH ITEMS

Available Wednesday & Thursday

(G) Lasagne – Beef	\$4.00
(G) Twista Pasta (Twist pasta & Bolognese sauce)	\$4.00
(G) Macaroni Cheese	\$4.00
(G) Butter Chicken & Rice (GF)	\$4.00
(G) Salad Bag (carrot sticks, cucumber, celery sticks, mini tomatoes, cubed cheese, capsicum)	\$3.00
(G) Add hard-boiled egg	.50¢
(A) Add 3 Crumbed Chicken Goujons to salad bag	\$1.00
(G) Baked Jacket Potato *NEW* tomato salsa, grated cheese & light sour cream OR ham, grated cheese & light sour cream	\$3.50

## Pre Ordered Fresh Sushi & Salad Items From Sushi Master

**Must be ordered Wednesday for Thursday Lunch**

(G) <b>FRESH</b> Sushi - <b>ONLY ONE CHOICE PER PACK</b> Your choice of - California / Cooked Tuna /Teriyaki Chicken/Vegetable 4 pieces = \$4.00 per pack or 6 pieces = \$6.00 per pack(G)	
(G) <b>Teriyaki Chicken with Crunchy Asian Salad</b> (145gm)	\$6.00

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## WEDNESDAY SPECIALS ONLY AVAILABLE ON DATES LISTED

**Wednesday – 14<sup>th</sup> & 21 October & 25<sup>th</sup> November**

(G) Beef Hamburger (Angel Bay Lite Beef Patties)	\$4.00
includes beef pattie, mayo, tomato sauce, lettuce, tomato, cucumber & carrot	Add Cheese \$0.50
(A) Cheeseburger	Full size Burger \$4.00
Angel Bay Lite Beef Pattie with cheese and tomato sauce in a burger bun	½ burger \$2.00
(G) Crumbed Chicken Burger (Steggles burger pattie)	\$4.00
includes mayo, lettuce, tomato, cucumber & carrot	Add Cheese \$0.50
(A) Chicken, Cheese & Lettuce Burger	\$4.00
Crumbed Chicken Pattie, with mayo, shredded lettuce and cheese	½ burger \$2.00

**Wednesday – 28<sup>th</sup> October, 4<sup>th</sup> November & 2<sup>nd</sup> December**

(G) Crumbed Chicken Wrap (Steggles chicken goujons)	\$4.00
includes mayo, cucumber, lettuce, tomato & carrot	Add Cheese \$0.50
(G) Crumbed CHILLI Chicken Wrap	*NEW* \$4.00
(Steggles chicken chilli goujons)	
includes mayo, cucumber, lettuce, tomato & carrot	Add Cheese \$0.50
(A) Crumbed Chicken, Cheese & Lettuce Wrap	\$4.00
Steggles crumbed chicken goujons, cheese, lettuce & mayo	

**Wednesday – 11<sup>th</sup> & 18<sup>th</sup> November & 9<sup>th</sup> December**

(A) Puppy Dog	\$2.00
½ frankfurt beef sausage in ½ hot dog roll with tomato sauce	
(A) Hot Dog	\$4.00
frankfurt beef sausage in hot dog roll with tomato sauce	

## LUNCH ITEMS AVAILABLE WEDNESDAY ONLY

(A) Pizza	\$3.50
BBQ Chicken or Ham & Pineapple (Hawaiian) or Margherita	

## LUNCH ITEMS AVAILABLE THURSDAY ONLY

(A) Party Pie (Patties) <b>max. order of 4</b>	\$1.20ea
(A) ½ Sausage Roll (Mrs Macs)	\$1.50
(A) Sausage Roll (Mrs Macs)	\$3.00
(A) Beef Cruiser Meat Pie – (Mrs Macs)	\$4.00
Sauces	.40¢ ea
Tomato / Sweet Chilli / BBQ	
(A) Nachos – choice of either	\$4.00
beef bolognese & cheese sauce with corn chips (GF) OR salsa & cheese sauce with corn chips (GF) (V)	

**Sushi Master items MUST be pre ordered on WEDNESDAY for THURSDAY lunch.**

## SLUSHIES WEDNESDAY LUNCHTIME ONLY

Limited to 1 per person

(A) Slushie	Small = \$1.00	or	Large = \$2.00
choice of either Chocolate Frappe (G) or Fruit Flavour Slushie (A)			

## ICECREAMS & FROZEN YOGHURT THURSDAY LUNCHTIME ONLY

Limited to 1 per person

(A) Quelch Fruit Sticks	.50¢
Apple/Blackcurrant/Raspberry/Strawberry	
(A) Vanilla Ice Cream Cup	\$1.50
(A) Ice Cream	\$1.60
Paddle Pop – Chocolate/Choc Caramel/Rainbow	
(A) Froyo2Go Frozen Yoghurt – seasonal flavours	\$2.00
Bubblegum/Cookies&Cream/Goey Marshmallow/Lactose free – What a Melon	



Our school canteen is operated by the Parents and Citizens Association and although we have a Canteen Manager for its co-ordination, we rely heavily on volunteers for its day to day running.

Volunteers are needed from 8.45am – 1.15pm (or for a Recess or Lunch timeslot, we are very flexible!) In return you will find the atmosphere friendly, and a fantastic way to meet other parents over a tea or coffee and your children will love to see you. For volunteering, you get your lunch provided and a \$5 voucher to use to order lunch for your child.

At Wattle Grove Primary School our Canteen complies with WA Standards for Healthy Food and Drink Choices using the Traffic Light System

- Green (G) – Healthy Choices
- Amber (A) – Select Carefully
- Red (R) – Off the Menu

We are an Allergy Aware School.

Our aim is to provide a service to the school community and in turn help towards raising much needed funds for our school.



**Canteen Supervisor**

Suzette Forrest - 0422 247 284