



THE LUNCH BOX MENU 2018–Term 4 Menu Week 1-9

RECESS ONLY ITEMS - HOT

(A) Hash Brown -Nuggets (5) Max order of 2	\$0.50
(A) Yummy Drummy Max order of 2	\$1.00
(A) Garlic Bread – homemade – Max. order of 2	\$1.00
(G) Cheesy - Plain	\$1.00
(G) Cheesy with Salsa (pizza) or Vegemite	\$1.20
(G) Cheesy with Ham or Spaghetti (wiggly)	\$1.50

Snacks

Available Recess or Lunch

(G) Slinky Fruit – Apple or Pear	.50¢
(A) Anzac Cookie – Homemade (limited to 2 per person)	.50¢
(G) Pikelets(2) - Homemade	.50¢
(G) Popcorn Small or Large – fresh air popped	50¢/\$1.00
(G) Fresh Mixed Fruit Salad Cup – Fresh diced fruit	\$1.00
(G) Vege Sticks with French Onion Dip - Homemade	\$1.00
(A) Brownes Full Fat Yoghurt Pouch 120gm – Vanilla Bean	\$1.80
(A) Brownes Full Fat Yoghurt 170gm – Mango Passionfruit/ Mixed Berries / Peaches & Cream	\$2.00
(G) Up & Go – Banana/Choc/Strawberry/Vanilla	\$2.00

DRINKS

(G) Bottled Water	\$1.00
(G) Brownes Hi-Lo Milk 225ml	\$1.50
(A) Juice Box 250ml Apple/Apple Blackcurrant /Orange/Tropical	\$2.00
(G) Brownes HiLo 225ml Milk & Sipahh Straw Banana/Chocolate/Cookies&Cream/Honeycomb/Marshmallow/Strawberry (14 flavours available at counter or online using Quickcliq)	\$2.00
(G) Brownes Flavoured Milk 300ml Banana/ Choc/Neapolitan/Strawberry	\$2.50

SANDWICHES

Available Wednesday & Thursday
(wholemeal bread standard unless white hi-fibre requested)
(wraps & rolls are hi fibre white)

(G) Vegemite Sandwich	\$2.00
(G) Cheese Sandwich	\$2.50
(G) Ham or Chicken or Tuna or Egg Sandwich	\$3.00
(G) ADD Salad - Lettuce, Carrot, Tomato and Cucumber	\$1.00
(G) ADD Ham or Chicken or Egg or Tuna	\$1.00 ea
(G) ADD Cheese	.50¢
(G) Upgrade to a wrap or roll	.50¢
Toasting	.30¢
ADD mayonnaise or sauce	.20¢

For sandwiches we only use leg ham and the chicken is our own specially cooked and seasoned chicken breast, prepared right here in our canteen.

LUNCH ITEMS

Available Wednesday & Thursday

(G) Lasagne – Beef	\$4.00
(G) Twista Pasta (Twist pasta & Bolognese sauce)	\$4.00
(G) Macaroni Cheese	\$4.00
(G) Honey Soy Chicken & Rice	\$4.00
(A) Vegetarian Fried Rice(GF)	\$4.00
(G) Salad Bag (carrot sticks, cucumber, celery sticks, mini tomatoes, cubed cheese, capsicum)	\$3.00
(G) Add hard-boiled egg	.50¢
(A) Add 3 Crumbed Chicken Goujons	\$1.00

Pre Ordered Fresh Sushi & Meal Items

from Sushi Master

Must be ordered Wednesday for Thursday Lunch

(G) FRESH Sushi – ONLY ONE CHOICE PER PACK Your choice of Tuna/Teriyaki Chicken/Vegetable/California 5 pieces = \$5.00 per pack or 8 pieces = \$7.00 per pack	
(G) Fried Thick Egg Noodle – Combination (includes seafood) OR Vegetable (220gm)	\$5.00

LUNCH ITEMS

AVAILABLE EVERY WEDNESDAY

(A) Pizza Hawaiian or Margherita or BBQ Chicken	\$3.50
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WEDNESDAY SPECIALS ONLY AVAILABLE ON DATES LISTED

Wednesday – 10th & 17th October

(A) Puppy Dog ½ frankfurt beef sausage in ½ hot dog roll with tomato sauce	\$2.00
(A) Hot Dog frankfurt beef sausage in hot dog roll with tomato sauce	\$4.00

Wednesday – 24th & 31st October & 5th December

(G) Crumbed Chicken Burger includes mayo, lettuce, tomato, cucumber & carrot Add Cheese \$0.50	\$4.00
(A) Chicken, Cheese & Lettuce Burger Crumbed Chicken Pattie, with mayo, shredded lettuce and cheese ½ burger	\$4.00 \$2.00

Wednesday – 7th & 14th November & 5th December

(G) Beef Hamburger includes beef pattie, mayo, tomato sauce, lettuce, tomato, cucumber & carrot Add Cheese \$0.50	\$4.00
(A) Cheeseburger Beef Pattie with cheese and tomato sauce in a burger bun ½ burger	\$4.00 \$2.00

Wednesday – 21st & 28th November

(G) Crumbed Chicken Wrap includes mayo, cucumber, lettuce, tomato & carrot Add Cheese \$0.50	\$4.00
(A) Crumbed Chicken, Cheese & Lettuce Wrap Crumbed chicken goujons, cheese, lettuce & mayo	\$4.00

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LUNCH ITEMS THURSDAY ONLY

(A) Party Pie (Patties) maximum of 4	\$1.20ea
(A) ½ Sausage Roll (Mrs Macs)	\$1.50
(A) Sausage Roll (Mrs Macs)	\$3.00
(A) Beef Cruiser Meat Pie – (Mrs Macs)	\$4.00
Sauces	.40¢ ea
Tomato / Sweet Chilli / BBQ	
(A) Nachos – salsa and corn chips (GF) (V)	\$4.00

Sushi or Noodles MUST be pre ordered on WEDNESDAY for THURSDAY lunch.

ICECREAMS, FROZEN YOGHURT & SLUSHIES – LUNCH ONLY

Limited to 1 per person (no pre-order unless KINDY OR PRE PRIMARY)
Slushies only available on Wednesday (Various flavours- change weekly)
& Ice Creams only available on Thursday

Over the counter only – not available to order online

(A) Quelch Fruit Sticks	.50¢
Apple/Blackcurrant/Raspberry/Strawberry	
(A) Vanilla Ice Cream Cup	\$1.50
(A) Ice Cream	\$2.00
Paddle Pop – Chocolate or Rainbow	
(A) Froyo2Go Frozen Yoghurt – seasonal flavours	\$2.00
Cookies&Cream/Fairy Floss/Gooney Marshmallow /Mango Sorbet	
(A) Slushie	Small = \$1.00 or Large = \$2.00



Place your orders online at QuickCliq
(Formerly known as Our Online Canteen)
@ - www.quickcliq.com.au

Orders can be placed anytime from now on for next canteen day, thank you to all the people who have been placing your canteen orders on-line.

If you are unable to volunteer your time to help in the canteen, a way that you can help us is by ordering your child's food orders on-line.

This process saves us time and enables us to focus on getting the orders ready.

Please remember when ordering, if you are NOT using the Online Order option, then orders are to be written on bags available in the white canteen baskets. These are located in each class room.

Recess and lunch order MUST be written on separate bags.

Orders should not be placed at the canteen counter.

The Canteen is only open on Wednesday & Thursday



Go for 2&5[®]
FRUIT VEG

The School Canteen complies with WA Standards for Healthy Food and Drink Choices using the Traffic Light System
Green (G) – Healthy Choices
Amber (A) – Select Carefully
Red (R) – Off the Menu

At Wattle Grove Primary School our Canteen complies with WA Standards for Healthy Food & Drink choices using the traffic light system and we are an Allergy Aware School.

Our school canteen is operated by the Parents and Citizens Association and although we have a Canteen Manager for its co-ordination, we rely heavily on volunteers for its day to day running.

Our aim is to provide a service to the school community and in turn help towards raising much needed funds for our school.

Volunteers are needed from 8.45am – 1.15pm (or for a Recess or Lunch timeslot, we are very flexible!) In return you will find the atmosphere friendly, and a fantastic way to meet other parents over a tea or coffee and your children will love to see you. For volunteering, you get your lunch provided and a \$5 voucher for use to order lunch for your child.

If children come to the canteen at lunch time saying they forgot to order, they will be only be able to get a vegemite or cheese sandwich. We only make food to order



Canteen Co-ordinator
Suzette Forrest - 0422 247 284